



## Make a Seam Roll Sewing Instructions

[info@portlandfashioninstitute.com](mailto:info@portlandfashioninstitute.com)

2111 NE 43<sup>rd</sup> Avenue, Portland OR

[www.portlandfashioninstitute.com](http://www.portlandfashioninstitute.com)

### **GLOSSARY:**

SA -- Seam allowance. The fabric between the stitch line and the raw edge.

RST -- Right sides together.

WST -- Wrong sides together.

Thread your sewing machine with the all-purpose polyester thread.

1. Cut pattern piece. Lengthen and widen it. Then use it to cut fabric: One from cotton canvas, one from wool, 2 from muslin (the muslin keeps sawdust from seeping through your wool).

2. With your machine, baste canvas and one piece of muslin WST. Stitch within ¼" SA.

3. With your machine, baste wool and one piece of muslin WST. Stitch within ¼" SA.

4. Place assembled pieces RST (wool face to face with canvas). Stitch with ¼" SA and 2.5 mm stitch length.

5. Start at bottom of one long side, backstitch back and forth in the same spot several times. Continue around the curved end and stop to at bottom of other long side. End with another strong backstitch.

6. Notch curves.

7. Turn right side out.

8. If using sawdust, find a place where you can get messy and vacuum. Start by using a spoon to fill the ham. Use a piece of paper or cardboard to make a funnel to finish the fill.

9. If using polyfil, just stuff away!

10. Stuff the pouch with sawdust or polyfil until it's impossible to fit one more bit inside. Using a dowel or chopstick to fill every corner. Keep smoothing the seam roll and filling.

11. Turn SA on open short end WST.

12. Edgestitch short end closed. Use zipper feet and move needle to left if possible.

DONE!

## HOW TO LENGTHEN/WIDEN YOUR PATTERN

1. Draw a 2" perpendicular line across each of the lengthen/widen lines.
2. Cut the lengthen/widen line.
3. Add a piece of paper needed to lengthen or widen plus another 1" so you can tape it to the pattern.

Lengthen – Cut a piece 2" wide + 1" = 3"

Widen – Cut a piece ¼" wide + 1" = 1¼"

4. Tuck this strip paper under top edge of cut. Tape.
5. Continue drawn perpendicular line across added paper.
6. Line up perpendicular line to line drawn on bottom of pattern.
7. Tape bottom of pattern to new paper.
8. Repeat to widen pattern.
9. Use a C-Thru ruler to draw lines on each side from point to point to create smooth lines across new paper.

