

Splendid Mending

With Lisa Silveira of Wandering Muse
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Supply List

In this class you will be learning techniques to mend both knit and woven fabrics/garments and will need a variety of materials based on your chosen mending projects. You will need a few basic supplies for the first class and Lisa will show examples of mending types and all the other supplies. After that you can gather the supplies you will need for the rest of the course, many items you may already have.

First Class

- Recommended Texts: [Mending Matters](#) by Katrina Rodabaugh, [The Ultimate Sashiko Sourcebook](#) by Susan Briscoe.
- * Basic sewing kit (Chalk wheel, Blue water soluble marker or Frixion, Seam gauge (black metal with a plastic slide), Tape measure, Fine pins with glass heads, 1-3/8", Shears – one for paper, a good pair for fabric, Small scissors or nippers, Pin cushion or magnetic tray, Seam ripper
- * Sashiko thread (pearl cotton or embroidery floss will also work) white will show best.
- * Sashiko needles
- * All purpose sewing thread (any color, for basting)
- * C-thru ruler (1"x6" or 2"x18") with gridlines
- * Safety pins (big enough to go through 2 layers of denim).
- * Optional: thimble, fabric glue stick,

Remaining Classes (don't purchase until after the first class, you'll see examples. You may not need everything on this list depending on your projects and fabrics)

- Garments to be beautifully mended; washed, dried & pressed
- * Fabric for patches.
- * Thread/yarn for mending.
- * Fusible interfacing (optional).
- Needle nose pliers (optional).
- * Fusible web like Stitch Witchery (optional).
- Darning egg or mushroom (optional). Lisa has several to share in class.
- * Darning needles.
- * Wash-away stabilizer (optional)
- Needle felting needles. (Lisa has several to share in class, but you may want your own!)
- * Wool fiber for needle felting.
- The Needle Index or other hand sewing needle organizer (optional but very helpful).

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- * Thread (Gutermann or Mettler polyester all purpose)
- Other texts: [Make Do and Mend](#) (historic booklet prepared for the Board of Trade by The Ministry of Information). [Make It Last: Sustainably and Affordably Preserving What We Love](#) by Raleigh Briggs.

**** Available at PFI Supply. Please label all equipment with your name***