1. **Sew Pocket**
   - a. Fold
   - b. Iron
   - c. Sew seam

2. **Mark One Cotton Piece (not PUL) on Pretty Side**
   - a. Fold
   - b. Iron
   - c. ¼” (6 mm)

3. **PUL Only - Slightly Trim Corners**
   - Mark with safety pin or basting stitch

4. **Assemble Shield Sandwich**
   - Marked side down
   - Pocket seam toward center
   - Pretty side
   - PUL - shiny side

5. **Pin/Clip Together**
   - 1/8” (3 mm)

6. **Sew Sides ¼” (6 mm)**
   - ¼” (6 mm) from edge of shield, not pocket
   - Remove pins as you sew

7. **Trim Sides**
   - 1/8” (3 mm)

8. **Turn Inside Out**
   - Unmarked fabric & PUL

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9. **Gently Push Out Corners & Iron**

   - Iron = Wool setting

10. **Sew Pockets Closed**

11. **Trim Pocket Corners 1/8” from stitching**

12. **Turn Pockets to Unmarked Side**

13. **Iron Shield & Pockets Flat**

14. **Edge Stitch 1/8”**

   - Back Tack
   - Flip so pockets are up and marked side is down

15. **Quality Points**
   - a. Shield lies flat (no bubbles/puckers)
   - b. Pocket opening: 3 ¼” (8.3 cm)
   - c. Back tacks at all 4 pocket openings
   - d. Overall size: 9 ½” x 7 ¾” (24 cm x 19.7 cm)
   - e. Fabric is good at hiding stains

16. **Add Snaps**

   - Male Snap
   - Female Snap
   - Put tacks in from opposite sides

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Visit www.DaysforGirls.org for more information and resources.